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Supper  
Tonight!  
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# Better Homes and Gardens.

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## *Spring in Bloom*

Fresh Ideas for Your  
Rooms, Garden, Table

No-Fuss Easter  
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(Starting at \$20)

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*Plus:* 5 Easy Ways to Live Greener

# Cheat Sheet

For a top that looks good, fits well, and stays put, opt for one of these ingenious white shirts.



**FOR WASH-AND-GO WEAR**

(Right) Wrinkle-resistant fabric makes this tuxedo-style top a standout—no ironing required; Tuxedo shirt, TravelSmith, \$49; [travelsmith.com](http://travelsmith.com)

**FOR COUTURE STYLE**

(Left) Make an investment in a wardrobe staple that's cut precisely to your bust size, body type, and torso length. Double-buttons at the bust cut down on gaping too; Stretch slim fit top with princess seams, Rebecca & Drew, \$195; [rebeccaanddrew.com](http://rebeccaanddrew.com)

**FOR AN EFFORTLESS TUCK**

(Above) Fake a seamless fit with a white-shirted version of the bodysuit that won't come untucked; Ruffle bodysuit, Metrostyle, \$30; [metrostyle.com](http://metrostyle.com)

**WHITE WASH**

Keep whites looking bright with these tips.

■ **SORT IT OUT**

Separate whites from other colors before washing to cut down on graying.

■ **TURN UP THE HEAT**

According to the experts behind Arm & Hammer detergents, the hotter the water, the better the cleansing. Check the fabric label for washing instructions and use the hottest water recommended.

■ **REACH FOR BLEACH?**

Chlorine bleach can brighten clothes, but it can also break down the optical brighteners applied to many white fabrics. Use only if the garment tag recommends bleaching products.

■ **SCRUB BRUSH**

For grime around the collar and cuffs, use a soft toothbrush to work a safe stain remover into the fabric. The bristles create enough friction to remove dirt without damaging the fabric.

■ **DON'T SWEAT IT**

To remove yellowed stains at underarms, use a stain remover with enzymes that target sweat stains. Stop stains proactively with a disposable garment shield that adheres to any fabric; \$7, [kleinertsshields.com](http://kleinertsshields.com)

A pure white shirt can make you feel empowered and confident. It's truly timeless, elegant, and always evolving."

—ANNE FONTAINE, DESIGNER